



How to request a Master Recycler Composter (MRC) volunteer in your community:

King County's MRCs are available to staff events in King County outside of the City of Seattle.

MRCs can help your school, organization or neighborhood in a variety of ways. They are knowledgeable about waste prevention, recycling and composting topics. Examples of MRC activities include:

- demonstrating composting and natural yard care techniques at local nurseries
- building worm composting bins with kids in schools
- staffing educational booths at community events such as the King County Earth Day Expo, Issaquah Salmon Days, and farmers markets
- demonstrating how to reduce waste and identify recyclable materials.



King County

Department of
Natural Resources and Parks
Solid Waste Division



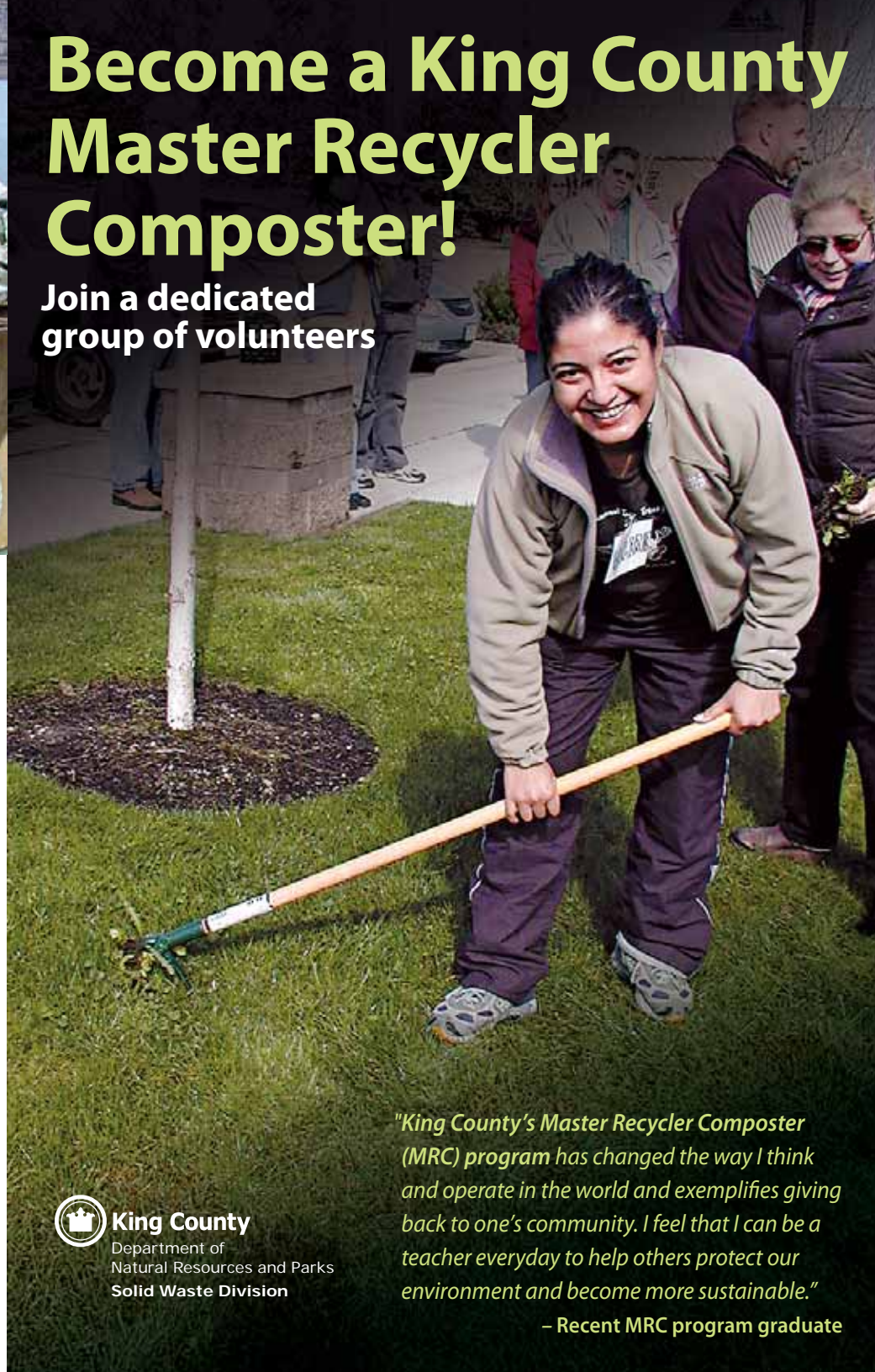
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For more information or to request this material in alternate formats, contact: **King County Solid Waste Division**
206-296-4466, 1-800-325-6165, ext. 6-4466,
TTY Relay: 711, www.metrokc.gov/dnrp/swd/mrc

Become a King County Master Recycler Composter!

Join a dedicated group of volunteers



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"King County's Master Recycler Composter (MRC) program has changed the way I think and operate in the world and exemplifies giving back to one's community. I feel that I can be a teacher everyday to help others protect our environment and become more sustainable."

– Recent MRC program graduate

What is the MRC Program?

King County's Master Recycler Composter (MRC) program is a free 40-hour program that trains volunteers to serve as community educators about waste prevention, recycling, home composting, and alternatives to household hazardous wastes. MRCs learn practical "how-to" information to educate citizens and motivate them to action.

MRCs share their knowledge and skills by providing 40 hours of outreach to their communities. MRCs bring information to their homes, workplaces, neighborhoods, and schools that help King County residents make informed decisions about reducing waste.

What is the Role of an MRC?

King County is dedicated to reducing the amount of waste generated and managing resources wisely. MRCs help promote attitudes and behaviors that support these efforts by encouraging residents and businesses to reduce waste, compost, and recycle—actions that make a difference!

What Does the MRC Training Include?

The MRC training is an 8-week course. Trainings are held once a year at various locations throughout the county. Class presentations are held one evening each week and are led by local experts. Saturday field trips include hands-on activities and tours of the regional landfill, solid waste transfer stations and local recycling and composting facilities.

Following the training, occasional continuing education opportunities are scheduled to keep volunteers informed of new King County developments and priorities. MRCs have access to a volunteer Web site and receive a quarterly newsletter. Visit www.metrokc.gov/dnrp/swd/mrc/documents/mrc_newsletter.pdf to see a recent example.

Training topics include:

- waste prevention and reduction
- yard and food waste composting ABC's
- alternatives to household products that are hazardous
- natural yard care
- green gardening
- recycling
- green building and remodeling



How Much Does It Cost?

The training is free. MRCs agree to share their knowledge and skills by volunteering at least 40 hours of community outreach through a variety of opportunities.

How do I become an MRC?

King County residents outside of Seattle city limits are eligible for the MRC training. We look for individuals who enjoy sharing information, have the time to volunteer, and want to make a difference. Persons with disabilities are encouraged to apply. Applications for the training are accepted throughout the year and can be obtained by calling the King County Solid Waste Division at 206-296-4466, 1-800-325-6165, ext. 6-4466, TTY Relay: 711 or on the Web at www.metrokc.gov/dnrp/swd/mrc.

Seattle residents are eligible for the Seattle Master Composter/Soil Builder program. For more information, contact the program volunteer coordinator at 206-633-0097 or the Natural Lawn and Garden Hotline at 206-633-0224 or info@lawnandgardenhotline.org.